



**Dance Arts Academy
is celebrating 15 years
of training beautiful dancers here in Traverse City!
Thank you for sharing your children with us!**

*Thank you to all the lovely Dance Arts Academy Alumni that came home
To celebrate with us as guest performers in the
Company Dance Traverse "Winter Dances"!*



WINTER REGISTRATION IS UNDERWAY

**Winter semester is just around the corner...
It's time to enroll!**

Fall Semester Ends January 21st...Winter Semester Begins January 23rd

Students should continue with the same class level for the upcoming Winter Semester.
Please stop by the front desk to complete a registration form to reserve your place.

The 2012 Spring Concert is quickly approaching. Each dancer has the opportunity to participate in the Spring Concert in May. Every class/discipline will have a specific costume chosen by the teacher with their choreography in mind. To plan for this exciting performance that culminates a year of hard work, we are currently preparing our costume orders. Costume Fees are due by January 30, 2012.

Your child's concert will be held at Milliken Auditorium in the Dennon Museum Center on the NMC Campus. Our younger children will perform in one show either Thursday, May 24th; Friday, May 25th or Saturday May 26th. Upper Level Students will perform on Friday, May 25th and Saturday, May 26th. More concert information coming soon.



IT'S NOT TOO LATE TO JOIN THE FUN!

MUSICAL THEATER PRETEEN/TEEN (AGES 9-15)

Are you interested in musicals and jazz dance? In this class you can enjoy them both while developing your musicality and basic dance fundamentals. **Thursday 8:00-8:45**

BALLET PRETEEN/TEEN (AGES 9-15)

Didn't start ballet at the age of 3? That's okay. Enjoy the benefits of classical ballet training...an excellent foundation for all dance forms. Geared for the enrolled students to develop strength, flexibility, grace, balance, and poise along with a progressive understanding of the fundamental ballet technique and terminology with your peers. **Beginning Level Wednesday 6:45-7:45 or Continuing Level Wednesday 6:00-6:45**

HIP HOP PRETEEN/TEEN (AGES 9-15)

Learn some moves that will even impress your friends! Come expecting to get a good workout. Hip-Hop, one of the most popular dance styles in recent years due to its popularity on television shows, movies, music videos and commercials, is fun and energetic. People enjoy watching Hip-Hop dancers. Hip-Hop consists of unique moves, fancy footwork, and quick turns. **Thursday 7:15-8:00**

BALLROOM

This class series is an introduction to a variety of social dance styles. Instructor Jenny Halstead will teach you how to Foxtrot, Cha-Cha, Tango, Swing, Waltz, and Rumba. Jenny found Ballroom dancing in 2006 and began competing as an amateur student of the DVIDA (Dance Vision International Dance Association) program. She trained further with Fred Astaire Dance Studios where Jennifer performed in showcase events, taught private lessons, group classes and Zumba.

Saturday 7:00-8:30 PM

MASTER CLASSES

Jason Parsons has performed with companies such as River North Dance Company, Mia Michael's R.A.W., and POZ Dance Theatre (South Korea). Jason has also danced with recording artists Diana King, SWV and Celine Dion, and in numerous industrials for companies such as Sony, BMW and General Motors. Most recently, Jason premiered a solo work at the Joyce Theatre in NYC for a DRA event. Jason's TV credits include "Fame L.A.," "Star Search," and "The Essence Awards." Jason's choreography has been seen all over the world and across the US. Jason has created work



for Rasta Thomas's "Bad Boys of Dance," Odyssey, HoustonMet and Evolution Dance Company. Internationally his work has been performed at the Gwan Ju Biennale Festival (South Korea), Baudelaire (Japan), Artedanz (Italy), Nokia Awards (Czech Republic) and many more! In 2008 Jason formed his own company, Jason Parsons Company. Jason and his company have performed in New York City at the Joyce Theater, Cedar Lake Theater, Joyce Soho, Dixon Place, Manhattan Movement Center and for APAP at Carnegie Hall. Jason is on faculty at Steps on Broadway and Peridance in New York City. Jason has taught all over the U.S. and internationally in Canada, England, Italy, Czech Republic, Japan, Cypress and South Korea. The Jason Parsons' Workshop is April 27-29.

INCLEMENT WEATHER

When Traverse City Area Public Schools cancels daytime classes due to bad weather, DAA will also close. When Northwestern Michigan College cancels evening classes due to bad weather, DAA will also close. We encourage you to use good discretion when traveling on Northern Michigan roads.

DO SOMETHING GOOD FOR YOU! **RENEW** is Dance Arts Academy's adult fitness program of PILATES, 30/20/10, and ZUMBA® for our adult clients who would like to improve their quality of life through strength, balance, exercise, and fun.

ZUMBA® fuses hypnotic Latin rhythms and easy to follow moves to create a dynamic fitness program that will blow you away. Our goal is simple: We want you to want to work out and to love it! Zumba® Fanatics achieve long term benefits while experiencing an absolute blast in one exhilarating hour of caloric-burning, body-energizing, awe-inspiring movements meant to engage and captivate - add some Latin flavor and international zest into the mix and you've got Zumba®!

30/20/10 combines thirty minutes of ZUMBA, twenty minutes of strength/resistance training, and ten minutes of abdominal and flexibility training for a complete workout.

PILATES exercises are designed to restore the natural curves of the spine and rebalance the muscles around the joints, placing more emphasis on scapular stabilization. There are exercises and modifications to cater to many different body types and abilities, making it applicable to everyday life. You may choose group or private pilates sessions. **STOTT PILATES REFORMER** facilitates hundreds of exercise variations and is available by private or semi private lesson.

MONDAY	Tuesday	WEDNESDAY	Thursday	Friday	Saturday
9:00-10:00 30/20/10 Maria		9:00-10:00 Zumba Maria		9:30-10:30 Zumba Maria	9:00-10:00 Zumba Melissa
10:00-11:00 Pilates Rachel					
6:15-7:00 pm Pilates Rachel					
7:00-8:00 pm Zumba Melissa			6:15-7:15 pm Zumba Melissa		

Classes are subject to change ~ Please call ahead.