

## Winter semester is just around the corner... We would love to see you dancing again!

Fall Semester Ends January 23<sup>rd</sup>...  
Winter Semester Begins January 25<sup>th</sup>

### WINTER REGISTRATION IS UNDERWAY

Students should continue with the same class level for the upcoming Winter Semester. Please stop by the front desk to complete a registration form and reserve your place.

⇒ PLEASE BE SURE TO UPDATE US WITH YOUR CORRECT E-MAIL ADDRESS ⇐

## It's not too late to join in the fun! Check out our newest additions to the DAA schedule!

### Creative Movement (Age 2-3) Wednesday 5:30-6:00

Creative Movement is a wonderful introduction to dance. Children will enjoy singing games and motor skill games incorporating musical instruments and other fun props. This class is an alternate age group to our usual creative movement groups. All children ages 2-4 should start with creative movement.

### Jumpstart Jazz (Age 4-6) Monday 3:15-3:45 or Wednesday 11:30-12:00

Jumpstart Jazz will build your dancers strength and coordination through the use of fun fancy footwork. In this class, Sahra will get your little dancer twisting and twirling across the floor. Jazz dance has become one of the most popular dance styles in recent years mainly due to its popularity in movies and television. This high energy and fast paced class features the music of Miley Cyrus, Selena Gomez, and more.

### Musical Theater Dance (age 4-6) Thursday 10:30-11:00

Musical Theater combines music, songs, spoken dialogue and dance. Musical theatre dance, is a style of its own as today's musicals feature jazz, tap, modern, swing, ballroom, hip-hop and more. In this class, Erin recreates and teaches Original Broadway Choreography, sometimes using the choreography from the actual Broadway shows like Annie, Lion King, Beauty and the Best, or Mary Poppins. This class will open your dancer's imagination and encourage expression and feeling in their dance movements.

### Adult Jazz (New Day and Time) Monday 8:00-8:45

No experience necessary...just come expecting to get a good workout. Learn some moves that will even impress your kids! Jazz, one of the most popular dance styles in recent years due to its popularity on television shows, movies, music videos and commercials, is fun and energetic. People enjoy watching jazz dancers. Jazz consists of unique moves, fancy footwork, big leaps and quick turns. Kristi Davidson-Epping will get you moving and grooving.



The 2010 Spring Concert is quickly approaching. Each dancer has the opportunity to participate in the Spring Concert in May. Every class/discipline will have a specific costume chosen by the teacher with their choreography in mind. To plan for this exciting performance that culminates a year of hard work, we are currently preparing our costume orders. Costume Fees are due January 25, 2010.

Your child's concert will be held at Milliken Auditorium in the Dennon Museum Center on the NMC Campus. Our younger children will perform in one show either Thursday, May 27; Friday, May 28; or Saturday May 29th. Upper Level Students will perform on Friday, May 28<sup>th</sup> & Saturday, May 29<sup>th</sup>. More concert information coming soon.

## RENEW ADULT PROGRAM

### PILATES

**Monday 10:00-11:00, Tuesday 11:00-12:00, Wednesday 9:30-10:30,  
Thursday 10:30-11:30, or Friday 11:00-12:00**

Stott Pilates exercises are designed to restore the natural curves of the spine and rebalance the muscles around the joints, placing more emphasis on scapular stabilization. There are more preparatory exercises and modifications to cater to many different body types and abilities, making it applicable to everyday life. Pilates is an excellent way to improve posture, alignment, breathing and poise, gain a better understanding of the body and unique alignment issues. Both Rachel James and Melissa Maury-Ray are Level 2 Stott Pilates Certified, and look forward to opening new doors for our Pilates Students. You may choose group or private Pilates sessions.

### ZUMBA®

**Tuesday or Friday 12:00-1:00**

Zumba fuses hypnotic latin rhythms and easy to follow moves to create a dynamic fitness program that will blow you away. Our goal is simple: We want you to want to work out and to love it! Zumba® Fanatics achieve long term benefits while experiencing an absolute blast in one exhilarating hour of caloric-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life! The routines feature interval training sessions where fast and slow rhythms, and resistance training are combined to tone and sculpt your body while burning fat. Add some Latin flavor and international zest into the mix and you've got Zumba®!

*DO SOMETHING GOOD FOR YOU AND A FRIEND! RENEW...*

## RENEW ADULT PROGRAM

### PILATES OR ZUMBA

*REGISTER WITH A FRIEND AND EACH WILL RECEIVE A 10 CLASS CARD FOR THE PRICE OF 8.*

*OFFER VALID FOR WINTER SEMESTER ONLY WITH PAID REGISTRATIONS.*



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Redeemed:

Name:

Phone:

E-Mail:

**CONGRATULATIONS** TO FACULTY MEMBER KRISTI DAVIDSON AND HER HUSBAND MIKE EPPING ON THEIR RECENT MARRIAGE! KRISTI HAS BEEN A WONDERFUL ADDITION TO OUR FACULTY THIS YEAR! HELP US WELCOME KRISTI EPPING BACK IN JANUARY!!!

**LOTS OF CHANGES** HAPPENING HERE AT THE OUTLET, BUT NO CHANGES FOR DANCE ARTS ACADEMY! KEEP ON DANCING!

## *Company Dance Traverse*

### **Will perform in the**

*Northern Michigan Dance Council Review*

**Milliken Auditorium January 31<sup>st</sup>, 2010 at 6 p.m.**

**Tickets available at Diva Dancewear.**

*Dance Arts Academy's award winning Company will showcase several of their pieces in this concert featuring members of the Northern Michigan Dance Council. Proceeds go toward scholarships for deserving dancers. Congratulations to last year's scholarship winners who will be honored during this performance. Dance Arts Academy students earning scholarships are:*

*Jenny Morris, "Top Overall Dancer", Christina Perry, Ballet Scholarship, Allison Powell, Pointe Scholarship, Maggie Milliken, Jazz Scholarship, Emily Spala, Modern Scholarship, Grace Berry, Tap Scholarship, and Madelaine Mitchell Ward, Outstanding Dance Essay Honor.*