

## FALL/WINTER/SPRING SCHEDULES 2009-2010

FALL SEMESTER: SEPTEMBER 14, 2009 - JANUARY 23, 2010

WINTER SEMESTER: JANUARY 25, 2010 - MAY 29, 2010

<b>MONDAY STUDIO 2</b>	<b>TUESDAY STUDIO 1</b>	<b>WEDNESDAY STUDIO 4</b>	<b>THURSDAY STUDIO 1</b>	<b>FRIDAY STUDIO 1</b>
10:00-11:00 PILATES JAMES	11:00-12:00 PILATES MAURY-RAY	9:30-10:30 PILATES JAMES	10:30-11:30 PILATES JAMES	11:00-12:00 PILATES MAURY-RAY
	12:00-1:00 ZUMBA MAURY-RAY			12:00-1:00 ZUMBA MAURY-RAY

REVISED 10-08-09

CLASSES ARE SUBJECT TO CHANGE ~ PLEASE CALL AHEAD.

# Renew

at DanceArtsAcademy

*Do something good for you! Renew...*

DANCE ARTS ACADEMY IS OFFERING A NEW PROGRAM OF PILATES AND ZUMBA® FOR OUR ADULT CLIENTS WHO WOULD LIKE TO IMPROVE THEIR QUALITY OF LIFE THROUGH STRENGTH, BALANCE, EXERCISE, AND FUN.

OUR PROFESSIONAL DANCE TEACHERS ARE CERTIFIED STOTT PILATES AND ZUMBA® TEACHERS AND OFFER CLASSES DAILY TO ENRICH YOUR EXPERIENCE.

WE ARE OFFERING THESE CLASSES TO YOU IN A 16-WEEK SESSION, 10-CLASS CARD, OR ON A "DROP IN" BASIS.

PRIVATE LESSONS ARE ALSO AVAILABLE.

CALL DAA AT (231) 941-4244.