

Class Descriptions:

Creative Movement: All children ages 3-5 should start with creative movement. This is a wonderful introduction to all of the dance forms and includes movement and rhythm games done to inspiring music. Children will gain strength and knowledge of how their bodies can move.

Dance Exploration: This course is a continuing level of the creative movement syllabus for children with prior experience in creative movement. For experienced 4-5 year olds.

Pre Ballet: I: Experienced 5 year old and 6 year old beginners. This class will begin teaching some of the ballet terminology, and locomotor movement patterns; children will gain strength and flexibility along with balance, coordination, and grace. **II:** Experienced 6 year olds and beginning 7 year olds. Further introduction to Ballet terminology, continuing the syllabus from PreBallet I.

Ballet Elements: Ages 5-7, children with 1 year of our Pre Ballet Experience.

Beginning Ballet: I: Experienced 7 year olds, beginning 8 year olds. Children are now ready for the discipline and structure of ballet class. They will learn terminology, positions, barre and center work. **II:** Experienced 7 and 8 year olds. This is a continuation of the beginning ballet syllabus.

Continuing Ballet: I: Experienced 7-10 year olds. Children are now ready for a one-hour class. Continuation of the ballet syllabus. Children may come to ballet class twice a week at this level. **2:** Experienced 7-10 year olds that have completed 1 year of continuing ballet. **3:** Teacher approval required.

Intermediate Ballet: 1: Experienced 8-12 year olds. It is suggested that children come twice a week for ballet class for maximum results. **2:** Experienced 9-12 year olds. It is suggested that children take 2 ballet classes a week. **3:** Experienced 9-12 year olds. It is suggested that children take 2 ballet classes a week, in addition to all other dance forms. These dancers are participating in CDT, or DAA Dancers.

Advanced Ballet: 1: Experienced 10-13 year olds. It is required that children take 2 ballet classes a week. **2:** Children who have completed Advanced Ballet 1.

Teen Advanced Ballet: 1: Experienced 12-18 year olds. It is required that these dancers take at least 2 ballet classes a week. **2:** Experienced 12-18 year olds. It is required that these dancers take at least 3 ballet classes a week, in addition to other dance forms. These dancers are participating in CDT, or DAA Dancers.

Cecchetti Exam Classes: Experienced 9 year olds & up ballet dancers committed to ballet class at least 3 times a week. Dancers will work up to being presented for Cecchetti Exam Certification. Exam students must be in Children's Intermediate Level for Grade 1.

Adult Classes: (age 14 and up) Adult class levels are structured the same as the children Beginning, Continuing, Intermediate, and Advanced. All dancers in Advanced levels of Jazz and Modern must also take ballet classes. Dancers wishing to work on pointe must be taking 2 ballet classes per week, and must take the ballet class prior to each pointe class.